

MEDITERRA BAKEHOUSE

SPEC SHEETS



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@MEDITERRABAKEHOUSE

CHALLAH HAMBURGER SLICED

ITEM CODE #350388



PRODUCT ATTRIBUTES

- Weight: 2.5 oz.
- Shelf life: Six months frozen, three days once thawed
- Case size: 12/8pks

DESCRIPTION

Our challah hamburger buns are enriched with egg yolk and unrefined corn oil to create the perfect texture: a little spongy, and a little crusty, infused with a tangy yet sweet hint of honey. Baked to a deep mahogany color, these buns are best served fresh and warm. Try one with a heap of roast beef, a big, juicy burger, or a simple, cold-cut sandwich.

Nutrition Facts	
8 servings per container	
Serving size	68 g
Amount per serving	
Calories	180
% Daily Value *	
Total Fat 2g	2%
Saturated Fat 0.5g	3%
<i>Trans Fat</i> 0g	
Cholesterol 50mg	17%
Sodium 280mg	12%
Total Carbohydrate 34g	12%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 4g Added Sugars	9%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1.8mg	10%
Potassium 50mg	2%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	
<small>INGREDIENTS: Unbleached hard wheat flour (malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Filtered Water, Egg Yolks, Honey, whole eggs, Sugar, Sea Salt</small>	
<small>Contains: Egg, Wheat</small>	

NO GMO INGREDIENTS • NO ARTIFICIAL COLORS OR FLAVORS • NO PRESERVATIVES OR ADDITIVES
 ALL PRODUCTS MANUFACTURED IN A FACILITY THAT HANDLES EGGS, MILK, SOY AND TREE NUTS

HEARTLAND HONEY MULTIGRAIN PULLMAN SLICED 5/8"

ITEM CODE #434462



NF, DF

PRODUCT ATTRIBUTES

- ~16 slices per loaf
- Shelf life: Six months frozen, two days once thawed
- Case weight: 24 lb.
- Case size: 12 each, pre-sliced 5/8"

DESCRIPTION

Heartland honey multigrain is a hearty wheat bread infused with organic, local grains, as well as whole toasted pumpkin seeds. A touch of honey adds a subtle sweetness balanced by the grains and whole wheat flour. This versatile, soft crusted loaf is topped with even more pumpkin seeds, oats and cornmeal, adding a crunchy texture and nutty flavor. It's baked in a pan, resulting in the perfect loaf shape for all of your sandwich and toast needs.

Nutrition Facts

24 servings per container	
Serving size	57 g
Amount per serving	
Calories	190
% Daily Value *	
Total Fat 4.5g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 31g	11%
Dietary Fiber 3g	9%
Total Sugars 3g	
Includes 3g Added Sugars	
Protein 6g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2mg	10%
Potassium 100mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9	Carbohydrate 4
	Protein 4

INGREDIENTS: Unbleached hard wheat flour (malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Filtered Water, Poolish (Unbleached hard wheat flour-malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, Filtered Water), Honey, Wheat Flour, Whole-Grain, Flaxseed, Millet, Spelt, Oats, Cornmeal, Whole-Grain, Yellow, Cracked-Wheat, Pepitas (pumpkin seeds), Corn oil, Spices, Poppy Seed

CONTAINS: wheat

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SEEDED RYE DELI UNSLICED

ITEM CODE #434306



PRODUCT ATTRIBUTES

- ~24 slices per loaf
- Shelf life: Six months frozen, two days once thawed
- Case weight: 26.9 lb.
- Case size: 8 each, pre-sliced 5/8"

DESCRIPTION

Loaded with caraway seeds, our rye bread is dense, moist, and chewy without being tough. Its sturdy texture and lightly sour flavor provide the perfect pairing for a thick spread of cream cheese or sweet butter. It's also the perfect thick, sturdy piece of bread you need to make a world class reuben sandwich. But with layers of sophisticated flavor, our Seeded Rye tastes just as good with butter and jam at breakfast. Bursting with flavor and texture, it's perfect with just about anything.

Nutrition Facts

24 servings per container	
Serving size	57 g
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Amount per serving	
Calories	170
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	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 390mg	17%
Total Carbohydrate 34g	12%
Dietary Fiber 4g	13%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 6g	
<hr/>	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.8mg	10%
Potassium 130mg	2%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
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Calories per gram:	
Fat 9	Carbohydrate 4
	Protein 4

INGREDIENTS: Unbleached hard wheat flour (malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Rye Flour, Medium, Filtered Water, Caraway Seed

CONTAINS: Wheat