

MEDITERRA BAKEHOUSE

SPEC SHEETS



MEDITERRA BAKEHOUSE

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@MEDITERRABAKEHOUSE

CHALLAH HAMBURGER SLICED

ITEM CODE #350388



NF

PRODUCT ATTRIBUTES

- Weight: 2.5 oz.
- Shelf life: Six months frozen, three days once thawed
- Case size: 12/8pks

DESCRIPTION

Our challah hamburger buns are enriched with egg yolk and unrefined corn oil to create the perfect texture: a little spongy, and a little crusty, infused with a tangy yet sweet hint of honey. Baked to a deep mahogany color, these buns are best served fresh and warm. Try one with a heap of roast beef, a big, juicy burger, or a simple, cold-cut sandwich.

Nutrition Facts

8 servings per container
Serving size 68 g

Amount per serving
Calories 180

% Daily Value *

Total Fat 2g 2%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 50mg 17%

Sodium 280mg 12%

Total Carbohydrate 34g 12%

Dietary Fiber 1g 4%

Total Sugars 5g

Includes 4g Added Sugars 9%

Protein 6g

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 1.8mg 10%

Potassium 50mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Unbleached hard wheat flour (malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Filtered Water, Egg Yolks, Honey, whole eggs, Sugar, Sea Salt

Contains: Egg, Wheat

NO GMO INGREDIENTS • NO ARTIFICIAL COLORS OR FLAVORS • NO PRESERVATIVES OR ADDITIVES
ALL PRODUCTS MANUFACTURED IN A FACILITY THAT HANDLES EGGS, MILK, SOY AND TREE NUTS

SEEDED RYE DELI UNSLICED

ITEM CODE #562936



V. NF. DF

PRODUCT ATTRIBUTES

- ~24 slices per loaf
- Shelf life: Six months frozen, two days once thawed
- Case weight: 26.9 lb.
- Case size: 8 each, pre-sliced $\frac{5}{8}$ "

DESCRIPTION

Loaded with caraway seeds, our rye bread is dense, moist, and chewy without being tough. Its sturdy texture and lightly sour flavor provide the perfect pairing for a thick spread of cream cheese or sweet butter. It's also the perfect thick, sturdy piece of bread you need to make a world class reuben sandwich. But with layers of sophisticated flavor, our Seeded Rye tastes just as good with butter and jam at breakfast. Bursting with flavor and texture, it's perfect with just about anything.

Nutrition Facts

24 servings per container
Serving size 57 g

Amount per serving
Calories 170

	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 390mg	17%
Total Carbohydrate 34g	12%
Dietary Fiber 4g	13%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.8mg	10%
Potassium 130mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Unbleached hard wheat flour (malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Rye Flour, Medium, Filtered Water, Caraway Seed

CONTAINS: Wheat

NO GMO INGREDIENTS • NO ARTIFICIAL COLORS OR FLAVORS • NO PRESERVATIVES OR ADDITIVES
ALL PRODUCTS MANUFACTURED IN A FACILITY THAT HANDLES EGGS, MILK, SOY AND TREE NUTS

RUSTIC WHITE SOURDOUGH DELI SLICED 5/8"

ITEM CODE #434333



V. NF. DF

PRODUCT ATTRIBUTES

- ~22 slices per loaf
- Shelf life: Six months frozen, two days once thawed
- Case weight: 21.5 lb.
- Case size: 6 each, pre-sliced 5/8"

DESCRIPTION

Rustic white sourdough deli is our take on traditional French bread, or "pain au levain". To give ours its rich and complex flavor, we mix wheat and white flour, then add our levain sourdough starter. It's honeycomb crumb and delicate tang make it very versatile. It's the perfect complement to a soup or stew, and it makes a delicious sandwich.

Nutrition Facts

22 servings per container
Serving size **57 g**

Amount per serving
Calories 120

% Daily Value *

Total Fat 0.5g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 290mg **12%**

Total Carbohydrate 23g **8%**

Dietary Fiber 1g **4%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 4g

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 1.4mg **8%**

Potassium 40mg **0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Unbleached hard wheat flour (malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Filtered Water, Levain (Unbleached hard wheat flour-malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Wheat Flour

CONTAINS: wheat

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CHALLAH CHEF LOAF

ITEM CODE #434330



NF

PRODUCT ATTRIBUTES

- ~22 slices per loaf
- Shelf life: Six months frozen, two days once thawed
- Case weight: 18.5 lb.
- Case size: 10 each, pre-sliced 1"

DESCRIPTION

Our challah is slightly sweet with a pillowy-soft interior. It's enriched with egg yolk and unrefined corn oil to create the perfect texture: a little spongy and a little crusty, infused with a sweet hint of honey. Baked in a pan, this adaptation of a traditional braided challah is ideal for morning toast, sandwiches, and best of all, French toast.

Nutrition Facts

10 servings per container

Serving size 57 g

Amount per serving

Calories 150

% Daily Value *

Total Fat 1.5g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 45mg 14%

Sodium 230mg 10%

Total Carbohydrate 28g 10%

Dietary Fiber 1g 3%

Total Sugars 4g

Includes 4g Added Sugars 7%

Protein 5g

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 1.5mg 8%

Potassium 40mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Unbleached hard wheat flour (malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Filtered Water, Egg Yolks, Honey, whole eggs, Sugar, Sea Salt

CONTAINS: Egg, Wheat

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CHALLAH MINI ROLL

ITEM CODE: 156524



NF

PRODUCT ATTRIBUTES

- Bun weight: 1.3 oz.
- Case size: 20/12pks
- Shelf life: 6 months frozen, 1 day once thawed

DESCRIPTION

These are perfect as the classic roll, or any demi-sized sandwich- meatball, lobster rolls, pulled pork and more. They're also perfect for entertaining, or for kid-approved sandwiches! Our challah bread is enriched with egg yolk and unrefined corn oil to create the perfect texture: a little spongy, and a little crusty, infused with a tangy yet sweet hint of honey, then baked to a perfect mahogany color.

Nutrition Facts

12 servings per container
Serving size 39 g

Amount per serving
Calories 120

% Daily Value *

Total Fat 4g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 20mg	6%
Sodium 170mg	7%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	2%
Total Sugars 2g	
Includes 2g Added Sugars	3%
Protein 3g	
Vitamin D 0.1mcg	0%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 30mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Unbleached hard wheat flour), Filtered Water, Whole Eggs, Unrefined Corn Oil, Wildflower Honey, Sea Salt, Yeast

Contains: Egg, Wheat

NO GMO INGREDIENTS • NO ARTIFICIAL COLORS OR FLAVORS • NO PRESERVATIVES OR ADDITIVES
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